



C.H.A.T. SOCIETY

COMMUNICATION HEALTH AND THERAPY

NEWSLETTER

LET'S CHAT UPDATES

Let's CHAT will be moving from **Zoom** to **Google Meet!**

- Google Meet is an **online video conferencing** service from Google
- Anticipated move in **Summer 2022**
- C.H.A.T. Society Members **check your email** for updates!



GOOGLE MEET TUTORIAL



- **[CLICK HERE](#)** for a video about how to use Google Meet
- Questions? Email **letschat@thechatsociety.ca**

CARE: CORBETT APHASIA REHABILITATION AND EDUCATION

C.H.A.T. donated \$1500 to the **Corbett Clinic Client Assistance Fund** to be used towards therapy with the **Corbett Aphasia Rehabilitation and Education (CARE) Program.**



The donation was matched to **total \$3000!**

What is CARE?

CARE is a place for **people with aphasia** (PWA) and their **families.**

Esther Kim and Andrea Ruelling are the **Speech-Language Pathologists** (SLPs)

Student SLPs in clinical placements will **provide therapy**

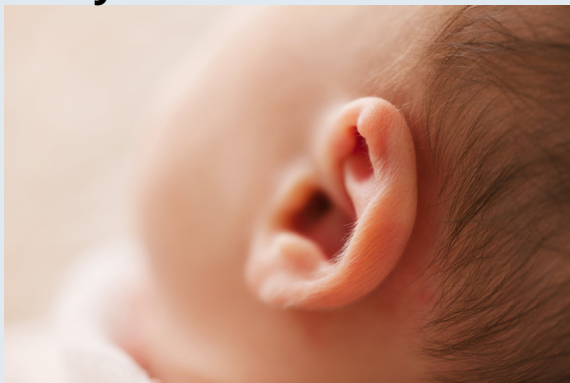
CLICK HERE for information on current groups and registration information

Did You Know?

May is Speech and Hearing Month!

What is a SLP?

- **Health professionals** that provide care for people with **communication** and **swallowing** difficulties.
- SLPs **work with others** in different settings to **support patients in many different ways!**



What is an Audiologist?

- Trained **health professionals** that treat people with **hearing and balance issues**.
- They provide many **different types of care** like **selecting and fitting hearing devices!**

Communication Post-Stroke

- **More than 2/3** of people who have had a stroke experience **communication difficulties**.
- People who suffer from a stroke experience **different difficulties** depending on the **part of the brain** affected.
- **Aphasia** is one of these difficulties.



137, 700 Canadians live with Aphasia

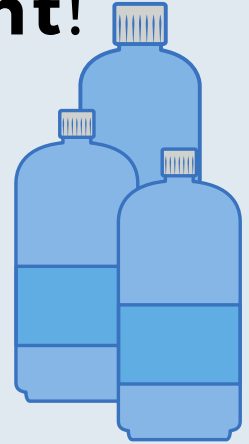
CHAT IN THE PARK

WHAT:

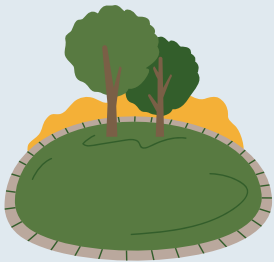
The Fundraising Committee will be hosting a CHAT Society **bottle drive and social event!**

WHEN:

Sunday June 26 10AM - 2PM



WHERE: Borden Park (West Parking Lot)



GET INVOLVED!

Bring your empty recyclables OR donate [HERE](#)

Email

fundraising@thechatsociety.ca if you have any questions!

Aphasia Awareness: Debbie's Story

Did you know that next month, **June**, is **Aphasia Awareness Month**?

Last year, C.H.A.T. Society Member **Debbie** made a **sign** about Aphasia Awareness Month for her **driveway**. Her **hope** was people driving by would read the sign and say **“What is aphasia?”**



This year, Debbie **wrote an article** for the May 11, 2022 edition of her **local newspaper** in **Vegreville** to **tell her story** and **raise awareness**.

This June, Debbie's goal is to **put up Aphasia Awareness posters** around her **local community**, including the **local library** and **health centre**.

CLICK HERE for a link to the **full article** and more **information about aphasia** on **PAGE 20** of the **Vegreville News Advertiser!**

Aphasia Awareness: Debbie's Story

Dear Editor,

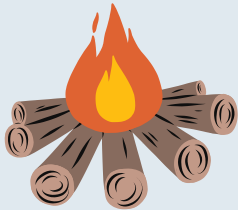
I had a **stroke** in 2012 and I have **aphasia**. What is aphasia? Aphasia is an **acquired language disorder** that can occur after a stroke or brain injury but it **doesn't impair intelligence**. I have improved over the years, but I still **struggle at times to communicate** with speech, reading, writing and numbers. I have all the words and ideas in my head but I **can't get them out**. It is like my brain and my mouth are on two different pathways! It is **challenging to talk!**

June is APHASIA AWARENESS Month. It is very common, yet most people have never heard of it. I had not heard about aphasia before my stroke. Being part of a community of people who understand aphasia encourages me to be **courageous** and keep **spreading awareness**.

Proud to be an aphasia survivor!

Debbie Hrudey

9th Annual Alberta Aphasia Camp



Aphasia camp will be **in person**
this year!



- **When?** September 16th-18th
- **Where?** Gull Lake Centre
- **Cost?** \$175 early bird (by June 30th)
\$200 (by July 29th)

[Click here](#) and watch what past attendees had to say about the camp!

[Click here](#) to fill out the **registration form**



Entertainment



FREE Podcasts About Aphasia

The Slow Road to Better- personal stories about **adapting to life** after **stroke** or **brain injury**.

Aphasia Access Conversations- discussing **reducing barriers** for those with **aphasia**.

Caregiver Dave- a spouse discusses **avoiding burnout** and **adapting** to a **new normal**.

Virtual Connections (Lingraphica) - FREE daily online meet ups for **individuals with aphasia** and their families. **Click here** to see upcoming topics and enroll.

BECOME A VOLUNTEER!

Volunteers can help with:

- Weekly Let's CHAT zoom sessions
- Committee tasks
- Newsletter
- Fundraising
- **Click here** to learn more and **contact us**



CLICK HERE to **donate** and/or **become a member!**



Website
chatsociety.ca



Facebook
[CHAT Society](#)



YouTube
[CHAT Society](#)

COMMUNICATION CORNER: TRIVIA

Complete the questions below. Look at the bottom of the page for the answers once you're done. How many did you get right?

1. Which of the following **conditions** do **SLPs** treat?

- a. **Apraxia** of Speech (AOS)
- b. **Dysarthria**
- c. **Stuttering**
- d. **Autism**
- e. **ALL** of the above.



2. **True or False:** A **concussion** can affect both **hearing** and **speech**.

3. Which of the following **statements** are **true** about **tinnitus**?

- a. Tinnitus is sound caused by an **external source**.
- b. Tinnitus can be caused by **hearing loss**.
- c. Tinnitus can be **treated** by an **SLP**.
- d. **A** and **C** are correct.
- e. **A** and **B** are correct.



4. How should you **talk** to someone with a **hearing disorder**?

- a. **Shout** so they can hear you better.
- b. Talk in an environment with **little noise**.
- c. Have **one person** speak at a time if in groups.
- d. **B** and **C** are correct.