

C.H.A.T. SOCIETY

COMMUNICATION HEALTH AND THERAPY

NEWSLETTER

C.H.A.T SOCIETY UPDATES

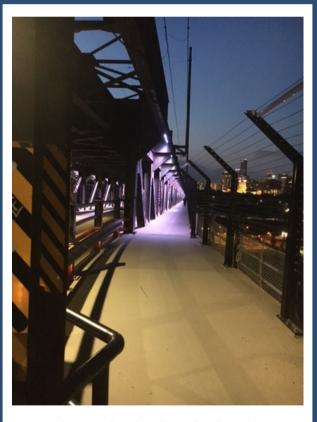


Image Credit: Lisa Pashniak

LIGHT THE BRIDGE!

To mark the end of Aphasia
 Awareness Month and our
 fundraiser weekend we lit up the
 High Level Bridge!

FUNDRAISING UPDATES

- We raised a total of \$3,483.38 through CHAT in The Park!
- \$2,500 was donated towards Aphasia Camp
 - Supported 13 campers to join Camp!
 - Supported 2 people for the care group at Corbett Clinic!

THANK YOU to all our members for supporting us through a successful fundraiser weekend!

CHAT in the Park









SPECIAL THANKS to our VOLUNTEERS and SPONSORS

The Running Room
The Keg Steakhouse and Bar
Mr. Capy food truck
102.3 NOW Trucksicle

















Pictures: Pun of Photos

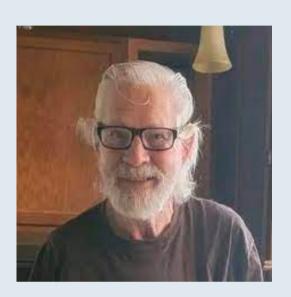


ART & Aphasia MEET DAVID HOLLOWELL



David Hollowell is an artist with aphasia.

David fell off of a roof in 2021, resulting in a traumatic brain injury (TBI) and **aphasia**.





David's daughter has created a **TikTok** account to promote his art and spread **aphasia awareness!**

Check it out here:

https://www.tiktok.com/ @david.hollowell

COMMUNITY

For many people with aphasia, it can be **difficult to find communities** that cater to their **unique needs**.

This absence of community can result in feelings of **disconnection** and **frustration**.

Often **families** of people with aphasia play an important role in advocating for better understanding of aphasia in their communities



The CHAT Society provides community to people with aphasia!

Bob and **Kevin** have gained numerous **friendships** through their involvement with both the CHAT Society and Aphasia Camp.

Ken, a member of the aphasia community for a decade, says that, to him, being a part of this community is a **special connection** unlike anything else.

Lisa and **Debbie** feel that it's wonderful to be with people that **understand** them. **Celebrating small victories alongside those in the community** is very meaningful.

Rose appreciates the strong connections she is able to form through **sharing her story**.



COMMUNITY

FOR INDIVIDUALS WITH APHASIA

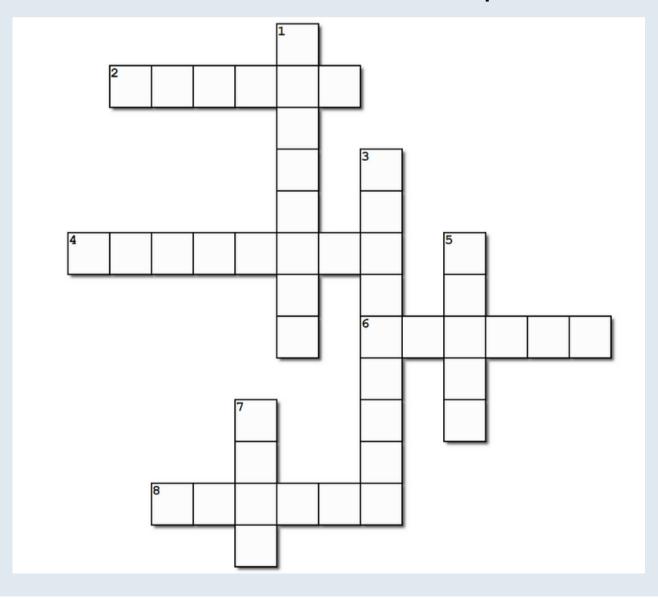
- The Aphasia Community + Virtual Connections is an online community for people with aphasia to communicate with each other. <u>Click here</u> to join.
- The <u>Alberta Aphasia Camp</u> provides opportunity for people with aphasia to enjoy a weekend retreat and communicate with others. <u>Click here</u> to learn more.
- The <u>March of Dimes Canada</u> provides peer support after suffering a stroke and for aphasia. <u>Click here</u> to contact.

FOR CARE GIVERS

- The <u>Aphasia Recovery Connection's Aphasia Care</u>
 <u>Partners & Friends Group</u> is an online community for caregivers to discuss their issues. <u>Click here</u> to access.
- March of Dimes provides support for caregivers as well.
 Click here to contact.
- The <u>National Aphasia Association</u> highlights caregivers rights in their <u>Caregiver Bill of Rights</u>.

COMMUNICATION CORNER CROSSWORD

- Print this page!
- Read the clues on the next page to guess the correct words
- Fill the boxes with the correct word
- Words can be filled in across or down
- Match the clue number to the number on the puzzle



COMMUNICATION CORNER CROSSWORD CLUES

DOWN

- 1. Last month of the year!
- 3. Annual Holiday in December
- 5. A long, knitted fabric that keeps you warm during the cold
- 7. Soft, fluffy, white

ACROSS

- 2. The cold season!
- 4. The 11th month of the year
- 6. Shoes that let you glide on the ice
- 8. Two matching pairs to keep your hands warm

Want to challenge yourself?

Turn to the next page!

Use these answers for a word search!

COMMUNICATION CORNER WORD SEARCH

- Print this page!
- Use the answers from the crossword puzzle
- Circle the words with the answers from the crossword
- Words can be found horizontal
- Words can be **vertical**
- Words can be diagonal /



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Feedback Form



Do you have any suggestions or concerns for Let's CHAT?

Click on the link above!